

NORTH OLMSTED GYMNASTICS

PRESCHOOL OPEN GYM

AGES 5 & UNDER

Open Gym Procedures

FALL 2022

To ensure the safety of all of our participants, please adhere to the following open gym procedures:

1. Upon arriving at the rec center, pay at the front desk. You will receive a number to bring to the gymnastics facility.
2. Sign in with a gymnastics staff member and review open gym rules when your number is called.
3. Max capacity is **30 students**. We will not exceed this for any reason. If you arrive after we have reached max capacity, you will receive a waitlist card. Those waiting for entry are asked to wait quietly in the bleachers or vestibule. A staff member will notify you when it is your turn to enter.
4. To ensure a pleasant experience for all guests, NOG staff reserve the right to remove any guests who do not adhere to the open gym rules or procedures, without a refund.



New Schedule

Fridays

10:00-11:00 AM

11:15-12:15 PM

\$5 per child

Max Capacity: 30 students

NORTH OLMSTED GYMNASTICS

PRESCHOOL OPEN GYM

AGES 5 & UNDER

Open Gym Rules

1. Preschool open gym is for children 5 years old and younger. No exceptions will be made, even for siblings.
2. All children must be accompanied by an adult.
3. Adults must stay within arms reach and attentive to their children at all times.
4. Cell phone use is limited to pictures/videos of your child only. Phone calls and texting should not occur during open gym.
5. Adults are not permitted to play on any equipment. No exceptions.
6. NOG coaches and staff may restrict any skill or use of equipment if they feel it is unsafe.
7. No food, gym, or beverage of any kind are permitted in the gymnastics area.
8. To ensure a pleasant experience for all guests, NOG coaches and staff reserve the right to remove any guests who are not following the above rules without a refund.